

# FROM THE PRESIDENT

## President's E-Message



*John M. Lovett, President*

It has been a blur of time! The Christmas/New Year came and went.

In few weeks, we will be in a lovely city of Sundsvall, first for the Workshop and the 38th Congress of the CISS and then for the opening of the 15th Deaflympic Winter Games.

Unfortunately, the International Olympic Committee President Dr. Jacques Rogge will not be able to come and open the Games, and we are waiting to hear from the Sport Director, Mr. Gilbert Felli if he would be with us all on that very special occasion.

The 38th Congress will have a full agenda and one of the issues up for discussion at the Congress would be the site for the 16th Deaflympic Winter Games -2007. At this time of writing, we have not received a formal bid to host the 2007 Deaflympic Winter games, which is of great concern to us all. In addition, the delegates will determine which two cities, Athens GRE or Taipei TPE will succeed in the bid to host the 21st Deaflympic Summer Games in 2009.

As well, there are number of proposals to update, the Constitution, Deaflympic Games regulations and Deaf World Games regulations. The delegates will be in for two very busy days on 27th and 28th of February.

On the 1st of March, the 15th Winter Deaflympics will be officially opened and followed by a social event to celebrate 90th anniversary of the Swedish Deaf Sports Federation. This event is by invitation only, but I am sure you all want to join me in extending our heartiest congratulations to members of the Swedish Deaf Sports Federation on its wonderful achievements

recorded over the last 90 years.

Just before the end of last year, CISS Secretariat sent out to all National Association of Deaf Sports, a set of letters from both International Olympic Committee and International Paralympic Committee, acknowledging autonomy and independence of the CISS and its National members in managing sports for their Deaf people at both international and national levels. These letters also asked their respective National members to respect and support desires of CISS and its Members to maintain their autonomy and independence. It will definitely go a very long way toward strengthening cases for all National Deaf Sports Associations in controlling and managing sporting destiny of their members.

Finally, on behalf of the CISS Executive, I wish you all a very healthy and successful year of 2003, and we look forward to seeing you in Sundsvall very soon!

John M. Lovett, A.M.

### CISS e-News Extra:

#### 2009 Summer Deaflympics: Bidding Host Cities Site Inspection Results

Among the items listed in the agenda of the upcoming 38th CISS Congress is determining which two cities, Athens GRE or Taipei TPE will succeed in the bid to host the 21st Deaflympic Summer Games in 2009. Both sites were inspected by CISS President John Lovett.

Included in this issue are **downloadable .pdf copies of:**

- Taipei, Taiwan Site Inspection Checklist as of 25-29 November 2002.
- Athens, Greece Site Inspection Checklist as of 2-5 December 2002.

Go to [www.ciss.org/enews/cissnewsjan03.html](http://www.ciss.org/enews/cissnewsjan03.html) to download your copy today!

# NEWS FLASH

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## 2002 WIDEX Sportsman and Sportswoman of the Year: Lars PETERSSON and Olga FEDEROVA

*CISS Press Release*

Frederick, MD-(31 December 2002) **Lars PETERSSON of Sweden** and **Olga FEDEROVA of Russia** have been selected as the 2002 WIDEX Sportsman and Sportswoman of the Year by the CISS Selections Commission through electronic ballot by earning 58 and 68 points respectively.



Lars  
PETERSSON

### 2002 WIDEX Sportsman of the Year **Lars PETERSSON (SWE)** **Shooting**

Born 26.03.1963 in Sweden. At the hearing qualification round for world championships in shooting 08-09.06.2002 in Eskilstuna, Lars Petersson competed in air pistol against 15 other air pistol shooters. It was a thrill watching how a deaf person stood up against hearing persons in qualification rounds for World Championships. Petersson did not make it all the way but he had a good showing with the score of 585+586+582 points in the last series. The King of Sweden had invited Mr. Petersson, among 154 other invited guests, for royal dinner on 26.01.2002 at the royal castle, in recognition of his marksmanship skills.



Olga  
FEDEROVA

### 2002 WIDEX Sportswoman of the Year **Olga Fedorova (RUS)** **Swimming**

Born 18.09.1986 in Kazan (Tatarstan). In June 2002, Fedorova clinched a total of ten (10) gold medals and established two (2) new Deaf European records in 50 m breaststroke and 4x100 medley and one (1) Deaf World Record in 50 m breaststroke at the 8th European Deaf Swimming Championships in Amsterdam. Her events were 200 m freestyle, 50 m breaststroke, 200 m breaststroke, 400 m freestyle, 200 m medley, 100 m breaststroke, 800 m freestyle, 4x100 freestyle, 4x100 medley, and 4x200 freestyle.

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# NEWS FLASH

## 2002 WIDEX Sportsman and Sportswoman of the Year

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Five other top finishers were:

### MEN:



*Cedric  
Touzard  
(SAF) - 57*



*Jamel  
Bradley  
(USA) - 54*



*Nicky  
Lange  
(GER) - 43*



*Scott  
Prosser  
(AUS) - 42*



*Dmitri  
Grigoriev  
(RUS) - 30*

### WOMEN:



*Aleshia Yet  
Foy  
(AUS) - 64*



*Cecilia  
Ferm  
(SWE) - 50*



*Ilse van  
den Berg  
(NED) - 39*



*Ganna  
Lytvynenko  
(UKR) - 38*



*Heather  
Suhr  
(USA) - 37*

## Upcoming New Feature: Youth Perspective by Derrick Williams

Hello! My name is Derrick Williams. I am 16 years old and I was born in Washington DC, USA. I come from a big deaf family. I am the 4th generation deaf child in my family. I am currently in my second year in high school at the Maryland School for the Deaf in Frederick, Maryland. I participate in sports at my school such as American football, basketball, athletics, and power lifting. I also am involved with extracurricular programs at my school such as academic bowl and peer mediation.

I am currently developing a Youth Section page in

[www.ciss.org](http://www.ciss.org) and a youth article in CISS E-NEWS to promote better awareness of youth deaf athletes around the world.

It would be great if you would send me information on youth sports programs, events, and competitions for youth athletes whom we should be watching.

I will be going to the Winter Deaflympics in Sundsvall, Sweden as a sports journalist. If you want to contact me or send me information for the youth section, you can find me in Sundsvall or e-mail me at [info@ciss.org](mailto:info@ciss.org).

# NEWS FLASH

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## CISS Joins General Association of International Sports Federations

The General Association of International Sports Federations, known as GAISF, consists of international sports federations and various other associations with objectives of:

- defending world-wide sport,
- becoming better informed and to inform,
- co-operating together and co-ordinating their activities.

In addition, GAISF is responsible for:

- promulgation of regulations governing the practice of the sport concerned, the installations and equipment, the length of events and the rules governing them;
- classification of competitors into categories, according to sex, age, weight and performance;
- definition of the competitor's status: amateur, professional...;
- laying down of medical rules aimed at protecting the health of athletes while fighting against doping

and other dangerous practices;

- adoption of preventive measures against all unfair and unlawful dealings.

With the responsibilities of GAISF that have either directly or indirectly affected how deaf athletes can compete on a more equal basis, it then became more critical for CISS to seek official recognition by applying for membership.

In the year of 2000, President John Lovett traveled to meet with officials at GAISF headquarters in Monaco to introduce CISS and Deaflympics. At that meeting, President Lovett was encouraged to submit application for membership. Finally in November 2002 in Colorado Springs, where GAISF held its annual meeting, CISS was granted official admission as a new member!

Congratulations to CISS!

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Dear Member,

As 2002 draws to a close, I would like to thank and congratulate all the leaders of the Member Federations and Organisations for all their work, and urge them to continue their efforts in the encouragement of fair play and clean sport.

At the last General Assembly in Colorado Springs, the GAISF Members showed their unity by unanimously adopting the Resolution in favour of an intensified fight against doping. This message is perfect proof of our determination to work together and of the strength of the Sports Movement to preserve Sport from the dangers that threaten it.

GAISF, through its means of communication, will do its best to support your work by always being of assistance to you. It will remain a forum for the exchange of ideas and experiences for all Federations

and Organisations with the aim of promoting Sport and defending the Olympic ideals.

I wish you all the season's greetings and great success and prosperity for 2003.

Dr Un Yong Kim  
GAISF President

[<http://www.agfisonline.com/en/members.phtml>]

### Melbourne Updates:

Women's Water Polo and Women's Handball have been cancelled, due to insufficient number of team registrants for the 2005 Summer Deaflympic Games.

# NEWS FLASH

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## News From Around the World

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### Australia: Lorne Pier to Pub Swim

*Submitted by Annabel Bishop  
Deaf Aquatic Australia*

An annual long-swim event, Lorne Pier to Pub swim is popular in Victoria - people range from social to elite athletes. This year's event raised publicity due to a large convoy of 17 trucks and several carloads headed to Lorne to protest about State Government moves to end logging in the Otway ranges. Deaf swimmer Scott Prosser (VIC) participated in the Lorne Pier to Pub swim which was 1.2km swim and came in third. The race was won by Nick Hinsley, 24 with a time of 11.49 (mins:secs) followed by David Strahan (11:51) and Scott Prosser (12.04).

Congratulations, Scott!

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### International Martial Arts Federations for the Deaf (IMAFD): New Executive Committee

#### **President**

Eduardo A. Dominguez, Argentina

#### **Vice-President**

Jae Who Kim, Norway/Korea

#### **General Secretary**

Dr. Frank Lala, USA

#### **Treasurers**

Francesco Faraone, Italy

Brigitte Gobl, Austria

Tim Cheng Wu, Chinese Taipei

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### IMAFD: New Regional Directive Committee

#### **North America**

Daniel Briones, USA

#### **South America**

Daniel Segalis, Argentina

#### **Europe**

Ciro Laviano, Italy

#### **Asia**

Lim Hyung Nam, Korea

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### IMAFD: New Relations Labour Coordinator

Francesco Faraone, Italy

Francois Khalef, France

Berthold Kernler, Germany

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### New Address for Italy Deaf Sports

F.I.S.S.

FEDERAZIONE ITALIANA SPORT SILENZIOSI

**Address:** Palazzo delle Federazioni  
Viale Tiziano, 70  
00196 ROMA -ITALY

**Phone:** +39 06 3685 8731

**Fax:** +39 06 3685 8732

**E-mail:** Italy@ciss.org

**web:** www.fiss.it

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### South American Confederation of Sports of the Deaf (CONSUDES): New Board Members

#### **President**

Daniel Perrone, Uruguay

#### **1st Vice-President**

Roberto Gonzales, Argentina

#### **2nd Vice-President**

Carols Alberto Goes, Brazil

#### **Secretary**

Graciela Klot, Uruguay

#### **Assistant Secretary**

Edith Alicia Libonati, Argentina

#### **Treasurer**

Luis Dougo, Argentina

#### **Assistant Treasurer**

Ivan Beronguer, Chile

# NEWS FLASH

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## Road to Success from Athletics to Mountain Biking

Growing up in Texas, USA, Wayne Langbein has participated in several field events and has done phenomenally well. He especially enjoyed discus until he was introduced to hammer throw while in college, which has now become his favorite event ever since.

In 1993 while a student at Gallaudet University he was voted as the Athlete of the Year by the Gallaudet Athletics Department. Wayne was also selected as the National Collegiate Athletic Association All-American in Discus.

Wayne is a two time Deaflympian (1993 and 1997) and earned a total of 5 medals: in 1993, gold in hammer, and silver in discus and then in 1997, silver in discus and hammer and bronze in shot put. He also broke and still holds the American record in hammer in 1997. In 1999 Wayne attended the PANAMDES Games in Havana, Cuba and won gold medals in all 3 field events: hammer, discus, and shot put. He again broke his own PANAMDES record in Hammer and Discus.

While Wayne was doing very well in Athletics, he decided to try a new sport, which was Mountain Biking. After his first race in the fall of 1999, he was hooked onto this new sport and wanted to train seriously for it. This was when he realized he couldn't train for both sports since it would require a totally different training schedule and body physique. After some soul searching, he decided that since he had been involved in the sport of Athletics long enough, it was time for him to pursue Mountain Biking while he was still "young".

In 2000, Wayne started to seriously train for Mountain Biking in "Sports" class. There are 4 classes: Citizen, Sport, Comp, and Expert. He finished the year in the 13th place in his age group out of 27 racers. This was when Wayne realized his potentials in this sport and

decided to continue into the 2nd year in Sports category and finished at the end of year with 2nd in his age class out of 37 racers. He had won two races during the season, one of his winning races, being only 1 minute 47 seconds behind the overall leader!

In 2002, He decided to join the Milwaukee local mountain bike club called, "Alterra Coffee" and moved up to Comp level. He finished the year in the 7th place in his age class and the 23rd overall. There are about 280 racers overall. This year he will continue to race for the same club in the same level. On an average he was only 4 minutes behind the overall leader and hopes to close in the gap this year.



Wayne said the motivating factor for racing is to compete against himself and try to improve his time. He also has a goal of closing the gap between himself and the overall leader. There are many racers that have raced with Wayne over the years and he can see himself getting better than those racers who have beat him easily during the first year.

Wayne mentioned that training is not easy and indeed a big challenge, as it requires a huge sacrifice on his personal time, cost of bike and repairs as well as health food and supplements. He does not have a personal coach. Instead he coaches himself by reading and studying biking training books.

He hopes that in the future of deaf sports mountain biking will someday be included. He naturally wished there would be a demonstration sport of mountain biking at the 2005 Summer Deaflympics in Australia. Wayne would love to race with other deaf mountain bikers in the world of deaf sports.

Way to go Wayne!

# ARTICLE

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## Athletes Can Benefit From Water Training

By Ira Dreyfuss

Associated Press Writer

Monday, January 20, 2003; 9:21 AM

[www.washingtonpost.com](http://www.washingtonpost.com)

WASHINGTON — Aquatic exercise programs are not just for grandmas riding foam floats. Water is good for athletic training, too, and experts say more athletes are making use of it.

Runners, tennis players and other competitors find that training in the resistance of water gives them more of a workout than using weights or treadmills, said researcher Mary Sanders of the University of Nevada, Reno.

Most aquatics participants are still "our traditional older women," but an increasing minority in both sexes range from the 30s into the 50s, said Laura Slane, an aquatics consultant for YMCA of the USA, the YMCA's national headquarters.

Retirees dominate pools in the daytime, and the working-age crowd typically takes over after 6 p.m. The national Y, although it is a leader in aquatics, does not keep track of the ages of participants.

Younger athletes also train in the water. Teenage tennis players at the Universal Tennis Academy, a club in the Atlanta suburb of Marietta, Ga., practice in a pool.

"Tennis is about 70 percent lateral movement, so I have them doing quick change-of-direction drills," said trainer Bethany Diamond. Those drills are safer than they would be on land because players can't fall – they float – so it's very hard to twist an ankle, she said.

The players also practice their strokes in the pool, using old rackets they don't mind getting wet, Diamond said.

Diamond has trained with basketball players, who work on their jumps – the bouyancy of the water cushions their falls and protects their knees.

A person jumping in waist-deep water gets only half

the impact that would be felt on land, and the impact is only 8 percent at shoulder depth, Sanders said.

Many athletes discovered the benefits of water because pool exercise was prescribed as rehabilitation after they got hurt in their sport.

But the benefits go far beyond rehabilitation, because the resistance makes working out in water harder than working out on land, Sanders said. For instance, a 130-pound person running an 11-minute mile pace would burn 8 calories per minute on land but up to 15 calories in deep water.

Studies have found benefits for water training. In one new but small study in Finland, 11 women with an average age of 34 participated about twice a week in a 10-week program that used boots, which added resistance in the water.

The women improved their kicking movements by 26 percent, according to the study published in the December issue of the journal *Medicine and Science in Sports and Exercise*.

It's easy to vary the resistance in water – a person who wants a tougher workout simply works in the deeper end. Using paddles or similar equipment also ratchets up the resistance.

But it's also easy to relax: just float.

And while land workouts provide one form of resistance – against the pull of gravity – water workouts provide resistance in any direction. That's a tremendous advantage in sports training, Diamond said, because athletes strengthen their muscles in exactly the motions they'll need in their sports.

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On the Net:

YMCA: <http://www.ymca.net/index.jsp>

Journal abstract: <http://www.ms-se.com>

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## Highlights of the Week

*World-wide weekly highlights of the Olympic Movement*

*Week of 20 January 2003*

### IOC ACTIVITIES

This week, The IOC President has hosted numerous representatives of the Olympic Movement at the IOC Headquarters in Lausanne:

- Prince Tunku Imran, President of the Malaysian NOC;
- Klaus Steinbach, President of the German NOC, accompanied by IOC members Roland Baar, Thomas Bach and Walther Tröger;
- Secretary General of the Turkish NOC, Togay Bayatli;
- IOC members Charmaine Crooks, Anita DeFrantz, Mustapha Larfaoui, Arne Ljungqvist, Richard Pound, Pál Schmitt and Irena Szewinska;
- Timothy P. Shriver, President of Special Olympics, accompanied by IOC member Walther Tröger;

- Sang Ha Park, President of the Organising Committee of the XXII Summer World University Games in Daegu, Korea;
- Adolf Ogi, Special Advisor to the UN Secretary General on Sport for Development and Peace;
- Roland Faure, President of the Sportel Symposium, an annual sport and television event in Monaco.

The IOC President also greeted the Executive Committee of the International Rowing Federation (FISA), chaired by Denis Oswald.

Today, Friday, the IOC President will be greeted in Bratislava, Slovakia, by the President of the Slovak NOC, Frantisek Chmelar. On Saturday, he will go to the University of Bratislava, where he will be presented with an award. He will also attend the inauguration of the NOC's new buildings and the opening ceremony of the General Assembly of the Slovak NOC. Later in the day, he will be received by

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## 2004: Olympic Year and European Year of Sport - Appeal to the Convention on the Future of Europe

*Official International Olympic Committee press release  
20 December 2002*

2004, the year when the Olympic Games will be returning to their roots in the Greek capital of Athens from 13 to 29 August, has been proclaimed "European Year of Education through Sport" by the European Union (EU).

This initiative, supported by the International Olympic Committee (IOC), is the outcome of the shared wish of the European institutions and the sports movement to place sport at the heart of the European project. The support of the European Parliament was decisive in bringing to fruition this initiative led by the European Commission and its Commissioner responsible for sport, Mrs Viviane Reding.

By choosing an Olympic year to launch this initiative,

the EU is showing its determination to give sport, and the educational and social values that it promotes, a key position in its discussions. Until now, sport has essentially been considered from an economic angle.

In this respect, the IOC recalls the joint position adopted by the International Sports Federations and the European Olympic Committees, calling on EU governments and the Convention on the Future of Europe to give consideration to sport in the European project. This joint position, supported by several member States, has been submitted to the Chairman of the Convention, Mr Valéry Giscard d'Estaing, for consideration in the framework of the Convention's work. At a time when Europe is seeking to get closer to its citizens, it is important that sport, and the educational and social values that it promotes, should be a part of these discussions.

## Renewal of IOC Representatives on WADA Foundation Board

*Official International Olympic Committee press release*

17 January 2003

The President of the International Olympic Committee (IOC), Dr Jacques Rogge, today appointed the people who will represent the IOC on the Foundation Board of the World Anti-Doping Agency (WADA) for the next term (2003-2005).

The designated representatives are:

- Richard W. POUND (CAN)\*, IOC member, current Chairman of the WADA Foundation Board and Executive Committee
- Arne LJUNGQVIST (SWE)\*, IOC member and member of the IOC Medical Commission
- Robin MITCHELL (FIJ)\*, IOC member and member of the IOC Medical Commission
- Willi KALTSCHMITT (GUA), IOC member

The Foundation Board is the supreme decision-making body of WADA. It is composed, in equal numbers, of representatives of the Olympic Movement (IOC, Association of National Olympic Committees

(ANOC), Association of Summer Olympic International Federations (ASOIF), General Association of International Sports Federations (GAISF), Association of the International Olympic Winter Sports Federations (AIOWF), IOC Athletes' Commission and International Paralympic Committee (IPC)) and of Public Authorities. Each party is responsible for nominating its representatives. The Board delegates to an Executive Committee the actual management and running of the Agency, the performance of all its activities and the administration of its assets.

One third of the Board membership is reviewed each year.

The IOC President also appointed Prof. Arne Ljungqvist as IOC representative on WADA's Executive Committee.

\* current IOC representatives on the WADA Foundation Board.

For further information, please visit the WADA website: <http://www.wada-ama.org>.

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## Highlights of the Week

*CONTINUED FROM PREVIOUS PAGE*

the Mayor of Bratislava.

On Sunday, the IOC President will leave Bratislava to go to Bled in Slovenia. He will be met there by the President of the Slovenian NOC, Janez Kocijanxix. In the evening, the IOC President will attend the opening ceremony of the European Youth Olympic Festival. This festival, which is for young people aged 14 to 18, will take place from 25 to 31 January 2003. The young participants will compete in the following disciplines: biathlon, Nordic combined, figure skating, ice hockey, ski jumping, Alpine skiing and cross-country skiing. After the ceremony, the IOC President will meet the Prime Minister of the Slovenian Republic, Tone Rop.

A meeting is taking place today between the World

Anti-Doping Agency (WADA) and the IOC to discuss the third version of the World Anti-Doping Code which is currently being prepared. The IOC President, Thomas Bach, Denis Oswald and Arne Ljungqvist will represent the IOC and Richard Pound, Harri Syväsalmi and Richard Young will represent WADA.

The Sport and Law Commission, chaired by Thomas Bach, met this week at the IOC Headquarters in Lausanne.

In New York, USA, last Monday and Tuesday, IOC Member Richard Carrion, who is also Chairman of the IOC Finance Commission, chaired a meeting on the sale of TV rights for future editions of the Olympic Games. The IOC was represented by Director General François Carrard and Marketing and Legal Directors,

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# IOC NEWS

## Highlights of the Week

### CONTINUED FROM PREVIOUS PAGE

Michael Payne and Howard Stupp, as well as the IOC consultant in this area, Niel Pilsen. The American TV companies ABC, CBS, NBC, Fox, ESPN and Turner Sports were represented.

This week, the IOC announced the creation of the position of "Olympic Games Executive Director".

This senior executive, who will be under the authority of the IOC Director General, will be responsible for coordinating tasks related to the Olympic Games and directing the IOC administration in its support and monitoring of the organising committees during the planning, preparation and implementation phases of this important event.

## INTERNATIONAL SPORTS ISSUES

The XXI Winter World University Games, organised under the aegis of the International University Sports Federation (FISU), are taking place in Tarvisio, Italy, from 16 to 26 January 2003. This year, 1,600 athletes from 46 countries are competing in various disciplines: biathlon, Nordic combined, curling, ice hockey, figure skating, ski jumping, short track, Alpine skiing, cross-country skiing and snowboarding.

On the eve of the opening of these games, the city of Turin, Italy, was named as the organiser of the 2007 Winter World University Games and Bangkok, Thailand, was awarded the summer games for the same year.

This summer, the XXII Summer World University Games will take place in Daegu, Korea, from 21 to 31 August.

## INTERNATIONAL SPORTS FEDERATIONS

The International Badminton Federation (IBF) has opened permanent offices on each continent. It aims, in this way, to improve its development initiatives. The offices are in the following places:

- Asia: Kuala Lumpur (Malaysia)
- Africa: Mauritius

- Europe: Copenhagen (Denmark)
- Oceania: Auckland (New Zealand)
- America: Los Angeles (USA)

The International Tennis Federation (ITF) has announced the launch of its new rating system, ITN (International Tennis Number), which will enable all the tennis players in the world to be rated from 10 (beginners) to 1 (professional players). This system aims to facilitate the comparison between players in different countries. At present, only 20 countries have a national rating system. The ITF hopes that this new rating system, which will be tested firstly in Australia, will then be adopted by numerous national federations.

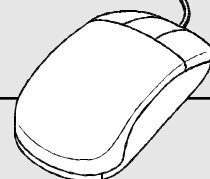
## ATHENS 2004

On Monday 21 January, the President of the Organising Committee for the Games of the XXVIII Olympiad in Athens in 2004, Gianna Angelopoulos-Daskalaki, hosted the German Chancellor, Gerhard Schröder. She informed him about the progress made in the preparation of the Games.

Lord Sebastian Coe also went to Athens this week. He was very impressed by the quality and the progress made in the construction of the Olympic village, as well as its location.

## Contact Us!

E-mail: [info@ciss.org](mailto:info@ciss.org)  
Website: [www.ciss.org](http://www.ciss.org)  
Fax: 1.301.620.2990  
Address: 7310 Grove Road Suite #106  
Frederick, MD 21704  
USA



## Upcoming Events

To view further upcoming events, check out Calenderlive at CISS' Events page at <http://www.ciss.org/events.html>



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